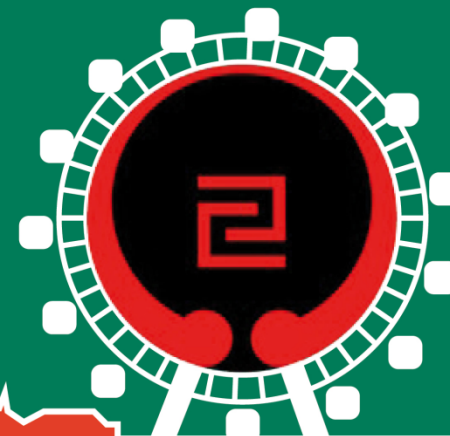




10 YEARS IOGKF AUSTRIA

Okinawa Goju-Ryu Karate
28.-30.8.2015 in Vienna

Schulschiff Donauinsel
www.iogkf-austria.at



INVITATION

A GOJU-RYU PARTY WITH FUN AND SWEAT.



Sensei Bakkies Laubscher, 8th Dan, Chief Instructor South Africa

Sensei Raoul Vogel, 6th Dan, Chief Instructor Austria



Dear Karateka!

It's a great pleasure and honor to invite **you** to our:

10-Years-of-IOGKF-AUSTRIA Celebration Gasshuku

We welcome the opportunity to share good training sessions and a big party with you. 10 years ago we started IOGKF Austria with barely 2 students. With loads of sweat and enthusiasm we managed to build a GoJu Ryu Karate Organisation with great, enthusiastic people and have made friends all around the globe. We would be very pleased if **you** would join us this weekend in celebrating our 10 year anniversary.

Registration:

Please register until the **30th of June 2015**, using the form below, under the following address:

mike.holzer@live.at - Register form

Gasshuku fees	All Grades	50,- Euro
	Sayonara Party	20,- Euro (Buffet, beverages are not included)
	T-Shirt	15,-

Contact:

Michael Holzer **Phone:** +43 664 / 4021292, mike.holzer@live.at

Raoul Vogel **Phone:** +43 676 / 833 77 20 31, raoulvogel@yahoo.co.uk

剛柔流空手道

Instructors



Sensei Bakkies Laubscher (8. Dan)

One of the foremost authorities on GoJu Ryu Karate and a fantastic teacher to boot. Sensei Bakkies clearly walks the talk. At 66 years old he is fitter and stronger than most 30 year old 'athletes'. His karate career spans in excess of 50 years, having started in Kyokushin, trained in Shotokan (1st Dan) and then moving into GoJu Ryu. Although also very successful in sport karate he has dedicated himself to traditional and effective karate since 1979. He has spent extensive time training in Naha, Okinawa at the IOGKF Honbu Dojo and on mainland Japan, both on longer visits of up to 6 months and on shorter training stints.

Chief instructor of IOGKF South Africa since 1985 he is well known for his skills and extraordinary teaching methods - "Keep it short and simple – Karate should be applicable in every situation!"



Sensei Raoul Vogel (6. Dan)

A dedicated and loyal follower of Sensei Bakkies Laubscher Sensei Raoul has been training in karate for close to 40 years. Other than a rather listless year spent in Tenshinkan his style has always been GoJu Ryu. Although he achieved some success in sport karate (Namibian national team, etc) he follows his teacher's philosophy and concentrates on traditional and effective karate. He travels to South Africa at least once a year to train with his teacher and also regularly (every 2nd year) trains in Naha, Okinawa at the IOGKF Honbu Dojo.

Chief instructor of IOGKF Austria, which he founded in 2005 together with his most senior student, Sensei Michael Holzer (4th Dan), he continues to pass on the knowledge and experience gained from his teacher to his students. His training style is characterized by a saying from his teacher: "Are you serious or are you curious?"

The Gym

The Gasshuku will be held on a School ship, called "**Bertha von Suttner**". It's a High School in a very lovely location directly on the river Danube.



- 3 floors for training
- WC, showers and wardrobe
- Gallery for 200 visitors
- Located in the most popular recreation area of Vienna
- Excellent accessibility:
 - ✓ Subway: U6 – Handelskai,
 - ✓ Tram: 31 – Floridsdorferbrücke
- Adequate parking on Donauinsel, 200m walk to school ship

Sayonara Party

Brilliant location right next to the river Danube.
7 Min walking distance from the gym.

Donaurestaurant Karl Heinz Pfundner
Am Rollerdamm 2
1210 Wien

20,- Euros per person (beverages are **not** included)

Recommendation: We meet at 19h in front of the gym, so we can enjoy a lovely walk through the green recreational area of the Donauinsel.



Accommodation

We would recommend two locations within walking distance to the gym.

Wien Brigittenau - Youth Palace

Adalbert-Stifter-Strasse 73, 1200 Vienna

Tel.: +43 (0) 1 / 332 82 94

Fax: +43 (0) 1 / 330 83 79

E-Mail: jgh.1200wien@chello.at

- 22,- Euros per night, breakfast included
- 1000 m walking distance from gym, across Floridsdorferbrücke



Harry's Home

Millenniumtower Handelskai 94-96, 1200 Vienna

Tel.: +43 (0) 1 / 330 36 36

Fax: +43 (0) 1 / 330 36 36 99

E-Mail: wien@harrys-home.com

- Modern hotel close to the Danube
- Single (70,- Euro) rooms and double rooms (80,- Euro), breakfast not included (11,- Euro)
- 1000 m walking distance from gym



Schedule

Friday	Hall 1	Hall 2	Hall 3
19:00 – 20:00	Black Belts	Brown Belts	Color Belts
20:00 – 21:00	Brown Belts	Black Belts	
Saturday	Hall 1	Hall 2	Hall 3
09:00 – 10:00	Black Belts	Brown Belts	Color Belts
10:00 – 11:00	Brown Belts	Black Belts	
11:15 – 13:00	All Grades		open class free class for family and friends
14:00 – 15:30	All Grades		
16:00 – 16:30	DEMO		
19:00 –	Sayonara Party – open end		
Sunday	Hall 1	Hall 2	Hall 3
09:00 – 10:00	Black Belts	Brown Belts	Color Belts
10:00 – 11:00	Brown Belts	Black Belts	
11:15 – 13:00	All Grades		
14:00 – 17:00	Grading		

8:00 to 8:30, Saturday and Sunday morning, Sanchin training in front of the gym.

Orientation Map:

